

*Join us for a presentation on*  
**Expressive Arts Therapy (EAT)**

**Date:** Tuesday, April 12, 2011  
**Location:** Waltham High School, Room 118  
Lexington Street  
**Time:** 7:00 pm – 8:30 pm  
**Speakers:** Cecile Reve & Gabriele Kotliar  
ARTrelief©

Expressive Arts Therapy (EAT) is a multi-arts approach to counseling. Using narration as well as non-verbal expression such as drawing, music, movement, drama, or poetry helps to articulate life experiences with authenticity, fullness, specificity, structure, beauty, meaning and playfulness.

ARTrelief© is dedicated to using and promoting the use of all forms of art to support health, joy, awareness, development, education, social-economical adjustment, cultural inclusion, equality, dignity and integrity in the community.

For more information and a list of classes, please visit [www.artrelief.info](http://www.artrelief.info)

*Refreshments will be served.*

**SAVE THE DATE**

**Year End Reception and Awards Ceremony**

May 11, 6:30-9 PM  
Government Center Building  
119 School Street

For more information and updates, or to join the WSEPAC, visit our website [www.walthampac.org](http://www.walthampac.org)

